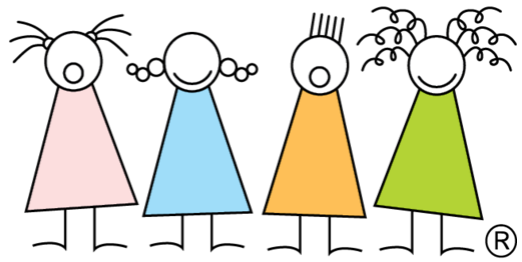


# Mökki



*world's largest range of children's and teenage furniture*

## JUNE / JULY 2017 NEWSLETTER

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### 5 WAYS TO IMPROVE A CHILD'S SCHOOL PERFORMANCE

- 1) **Get involved** – Research indicates that children do better at school when their parents are involved .Talk with your child about the school day and what's going on in class ,communicate with the teachers.
- 2) **Be positive** – It takes 10 positive comments to counteract one negative comment
- 3) **Move it** – try to get kids involved in at least one hour of aerobic activity 5 times a week
- 4) **Eat right** – start a day with protein –peanut butter sandwich, eggs, cut down on juice
- 5) **Sleep soundly** – listen to soft music , reading a book or drinking a glass of milk helps with sleep

*"Submitted by Go kids"*



## SOME MOKKI FAVOURITES



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## Magic Milk Science Experiment

This particular science activity is lots of fun and a great introduction to those children who haven't had much experience in observing chemical reactions etc.

### You will need

A plate

1/2 cup – 1 cup milk

1 drop of dishwashing liquid

food colouring

Simply begin by pouring milk onto a plate. You will need to ensure you have enough milk to cover the base of the plate. Add a few drops of food colouring to the milk. Carefully add one drop of dishwashing liquid to the middle of the milk. Quickly a chemical reaction will occur, which will see the colours begin to spread away from the dishwashing liquid drop and begin mixing and churning the colours.

### What is the science behind it, simply put?

Milk is made up of mostly water but it does contain vitamins, minerals, proteins and small droplets of fat. The fat and proteins are super sensitive to changes in the milk and so when the dishwashing liquid is added a chemical reaction occurs. The soap and fat work hard to join together, which causes the movement. When food colouring is added we are able to witness this chemical reaction occurring.

Link from: <http://laughingkidslearn.com/magic-milk-science-experiment>



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